

1 14B NCAC 10.0801 is proposed for amendment as follows:

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3 **14B NCAC 10 .0801 WEIGH INS-MIXED MARTIAL ARTS**

4 The mixed martial arts weigh-ins ~~must~~ shall be conducted by a Division representative at a place and time designated
5 by the Division in accordance with ~~14A NCAC 12 .0201, .0301, .0402, .0403 and .0501~~ the requirements of 14B
6 NCAC 10 .0501, except for the following: ~~following exceptions or additional rules:~~

7 (1) ~~— All contestants must weigh in. Contestants other than heavyweights, are limited to shorts, shirt and~~
8 ~~socks.~~

9 (2) ~~The scale shall be provided by the promoter and indicate an accurate weight for contestants.~~

10 (3) (a) ~~The chart in this Item indicates the weight allowances per weight class. A contestant may fight an~~
11 ~~opponent above or below his or her weight class. The maximum amount of weight difference~~
12 ~~between the two contestants shall be decided by lower weight class. Weight allowances permitted~~
13 ~~between two different weight classes are as follows: Contestants shall be classified by weight and~~
14 ~~may fight above or below his or her weight class in accordance with Item (1) of this Rule. The~~
15 ~~maximum amount of weight difference between the two contestants shall be decided by the lower~~
16 ~~weight class. A contestant shall not be permitted to compete if the difference in weight between the~~
17 ~~contestants exceeds the difference shown in the following schedule:~~

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Weight class	Weights	Allowances
Straw weight	up to 115 pounds <u>or less</u>	3 pounds
Flyweight	116 to 125 pounds	3 pounds
Bantamweight	126 to 135 pounds	3 pounds
Featherweight	136 to 145 pounds	5 pounds
Lightweight	146 to 155 pounds	5 pounds
Welterweight	156 to 170 pounds	5 pounds
Middleweight	171 to 185 pounds	7 pounds
Light Heavyweight	186 to 205 pounds	7 pounds
Heavyweight	206 to 265 pounds	7 pounds
Super Heavyweight	over 265 pounds	<u>no limit</u>

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20 (4) ~~— When a weigh in is conducted the day prior to the event, with the exception of the heavyweight~~
21 ~~class, all other contestants must weigh in at a second weigh in the next day scheduled by the~~
22 ~~Division representative within eight hours of the starting time of the event. The contestant may not~~
23 ~~be more than 13 pounds heavier than their recorded weight from the day prior.~~

1 (5) (b) If the weight of any contestant fails to meet the weigh parameters as set forth in Item (2) of this Rule
2 at the time of the official weigh-in, her or she shall have two additional hours to meet the weight
3 parameters provided that:

4 (1) No contestant, weighing 145 ~~pounds~~ or less, may lose more than two pounds in less than 12
5 hours ~~of~~ before a contest.

6 (2) No contestant, weighing ~~more than 145~~ 146 pounds or ~~more~~-less than 186 pounds, may lose
7 more than three pounds in less than 12 hours ~~of~~ before a contest.

8 (3) No contestant weighing more than 186 pounds may lose more than four pounds in less than 12
9 hours before a contest. This Item applies to a second day weigh in also. This does not apply to light
10 heavyweight class and above.

11 (4) Contestants may not gain weight after the official weigh-ins have begun to make weight
12 parameters during the time of weigh-ins.

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14 *History Note: Authority G.S. 143-652.1.*
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